



Call AVONEX: 1-800-456-2255 search

Relapsing MS & AVONEX

Starting AVONEX

Your AVONEX Services Team



## Start Your Journey by Choosing Your AVONEX Adventurer



### Indication

AVONEX® (interferon beta-1a) is approved by FDA to treat relapsing forms of multiple sclerosis (MS) to decrease the number of flare-ups and slow the occurrence of some of the physical disability that is common in people with MS. AVONEX is approved for use in people who have experienced a first attack and have lesions consistent with MS on their MRI.

### Important Safety Information



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Treatment Status



Location



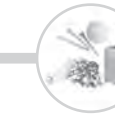
Activity



City



Park



I am



Summary

## What is your treatment status?



AVA

### I am...

- Not treating my relapsing multiple sclerosis
- Treating my relapsing MS with AVONEX
- Treating my relapsing MS, but not with AVONEX



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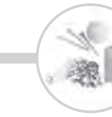
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Summary

# Where would you like your AVONEX Adventurer to go?



**Boston**



**Chicago**



**San Francisco**



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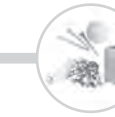
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Summary

# What activity would you like your AVONEX Adventurer to do?



Golfing



Traveling



Cheering



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# Start Exploring

To learn more about relapsing MS and AVONEX, just hover over the images marked with a + and click on the ▶ to watch helpful videos.



**AVONEX (interferon beta-1a) can cause serious side effects including behavioral health problems** (including depression, suicide or suicidal thoughts and hallucinations), liver problems (including liver failure and death), serious allergic reactions and skin reactions, heart problems (including heart failure), blood problems, seizures, infections, and thyroid problems.

**Get support** from someone who knows what you're going through. ▶



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Adventurer Treatment Status (RMS) Location Activity City Park I am Summary

In a 2-year clinical study, **people taking AVONEX were 37% less likely to have increased physical disability** at 2 years compared with people who weren't treating their MS.

**AVONEX delays the progression of physical disability** caused by relapsing MS, helping you stay active longer.

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**In a clinical trial, the frequency of flare-ups were significantly reduced in patients taking AVONEX for two or more years compared to those taking a placebo.** Even infrequent or mild flare-ups can cause permanent damage to your CNS and may lead to future disability.

As an official "weight test," 14 elephants, totaling 112,000 pounds, walked across the **Zakim Bridge** in 2002.

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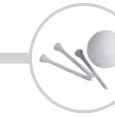
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Summary



Watch Kelly's Story

## Relapsing Multiple Sclerosis

No one knows the exact cause of MS, but it is thought to be an autoimmune disease. This means that the immune system, which normally protects the body, starts to work against itself and attack healthy tissue.

Relapsing MS accounts for around 85% of initial MS diagnoses. Flare-ups, or relapses, are visible signs of inflammation in the CNS. They are followed by periods of remission, which could result in complete or near-complete recovery.

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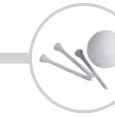
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## MS ActiveSource® Support Services

Whether you're still considering your treatment options, just starting AVONEX, or even looking for information while you're on treatment, we have free, personalized services that can help.

To take advantage of MS ActiveSource services, **call an ActiveSource™ coordinator at 1-800-456-2255**, Monday to Friday, from 8:30AM to 8:00PM (ET).



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The most common side effects of AVONEX (interferon beta-1a) are flu-like symptoms (fever, chills, muscle aches, and tiredness) early during the course of therapy. Usually, these symptoms last a day after the injection.



Learn about **silent progression**

**The AVONEX PEN®**  
  
 One Click  
 Once a Week.

**Make Way**

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Enroll in the AVONEX \$10 Copay Program and pay just \$10 a month for your relapsing MS treatment. Visit the MS ActiveSource® section of the website for eligibility requirements.

Federal and state laws may prevent eligibility. People covered by Medicare, Medicaid, the VAIDoD, or some other federal plans may not be eligible.

With once-a-week AVONEX, you can plan your relapsing MS injections to fit your schedule, and not the other way around.

In people who were taking AVONEX for the full 2 years of a study, AVONEX reduced flare-ups by 32% compared with people who weren't treating their MS. When including the people enrolled in the study who didn't take AVONEX for the full 2 years, AVONEX reduced flare-ups by 18%.

Learn about silent progression. The AVONEX PEN® One Click Once a Week. Make Way.

Created by artist Nancy Schön, the Make Way For Ducklings sculpture is a tribute to Robert McCloskey's children's book about a family of ducks navigating Boston to reach the lagoon in the Public Garden.



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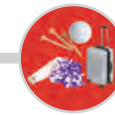
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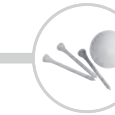
Activity



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Park



I am



Summary



Watch Connie's Story

## Silent Progression

Even if you're not having symptoms, relapsing MS can progress silently so it's important that you do what you can. Many experts agree that you should start injections as soon as possible. While there is no cure for relapsing MS, there are treatments that can help slow the progression of MS-related physical disability.

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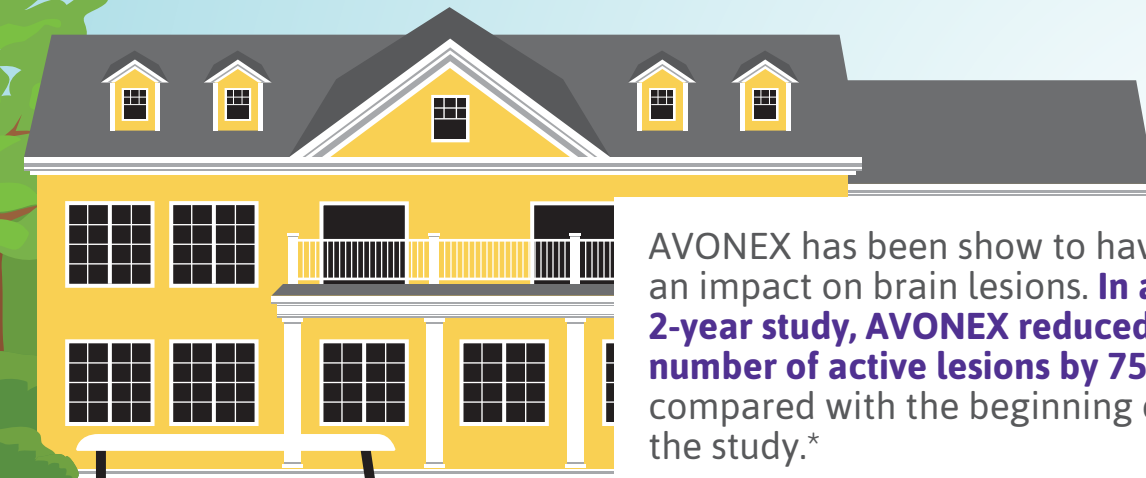




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AVONEX has been show to have an impact on brain lesions. **In a 2-year study, AVONEX reduced the number of active lesions by 75%**, compared with the beginning of the study.\*

At 18 months, AVONEX reduced the size of existing lesions by 91%, compared with people who weren't treating their MS.

The exact relationship between MRI findings and the clinical status of MS patients is unknown. The prognostic significance of MRI findings in these studies has not been evaluated.

\*Patients in the placebo group saw a 30% reduction from baseline in the number of active lesions after 2 years.

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Established in 1882, **The Country Club** is the oldest country club in the United States, with 27 holes of golf.



In a study of people who had only experienced one flare-up, those taking AVONEX were **44% less likely to have a second flare-up at three years**, compared with people who weren't treating their MS.

A study of people who had experienced a first flare-up and had lesions consistent with MS on their MRIs.



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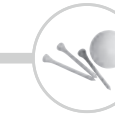
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## AVONEX ActiveNurses

In the comfort of your own home you can get injection training, guidance, and learn how to use the AVONEX PEN<sup>®</sup> with help from an AVONEX ActiveNurse<sup>™</sup> – in as many visits as you need.

To connect with an *ActiveNurse*, call an **ActiveSource<sup>™</sup> coordinator** at **1-800-456-2255**, Monday to Friday, from 8:30 AM to 8:00 PM (ET).

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### About AVONEX PEN®

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From a study to see if people who had used AVONEX Prefilled Syringe for at least 3 months were able to successfully use AVONEX PEN. People took AVONEX using the prefilled syringe the first week and then switched to AVONEX PEN for the next 3 weeks. Results were based on patient and physician questionnaires.

On their last day of the study, people rated AVONEX PEN better than the prefilled syringe on ease of injection and ease of holding/gripping.

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**AVONEX ActiveNurses™**

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Cape Cod has the most lighthouses of any county in the United States.

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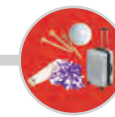
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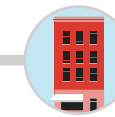
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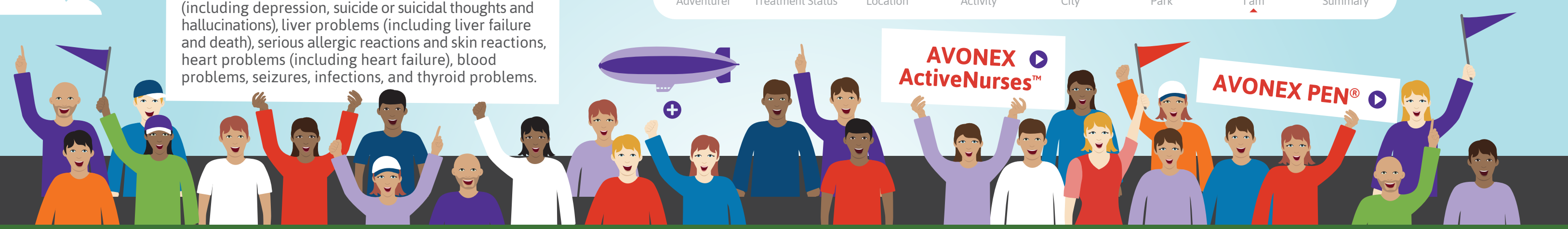
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Adventurer | 
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AMERICAN LEAGUE

P	1	2	3	4	5	6	7	8	9	10	R	H	E	P	IN	R	P	IN	R		
37	1	1	0								2	3	0	53	9	6	33				
12	0	0	0								0	0	0	32		7	16				
<b>AT BAT</b>											<b>BALL</b>			<b>STRIKE</b>			<b>OUT</b>			<b>(H)</b>	<b>(E)</b>
											● ● ●			● ● ●			● ● ●			●	●

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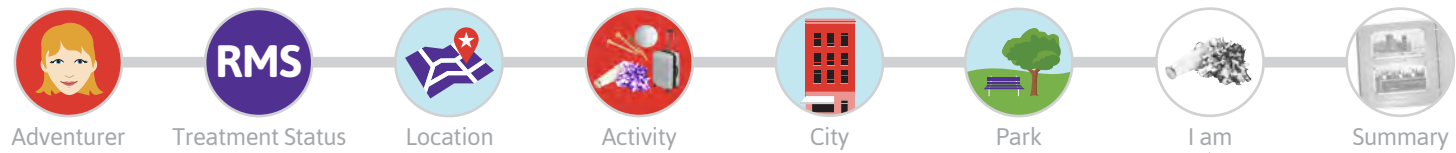


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**Fenway Park's 37ft 4in tall left field wall, known as the "Green Monster,"** houses one of two remaining manual scoreboards and is the highest outfield wall in Major League baseball.

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CAN LEAGUE

R	P	IN R
6	33 TB	
7	16 MIN	
	52 CWS	
	37 CLE	
	28 LAA	
	54 OAK	

Scoreboard for AVONEX vs RELAPSING MS:

P	1	2	3	4	5	
37 AVONEX	1	1	0			2
12 RELAPSING MS	0	0	0			0

AT BAT BALL STRIKE OUT (H)

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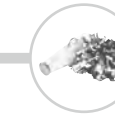
Activity



City



Park



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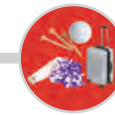
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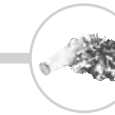
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Your AVONEX Services Team



Adventurer



Treatment Status



Location



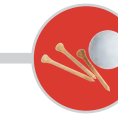
Activity



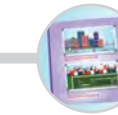
City



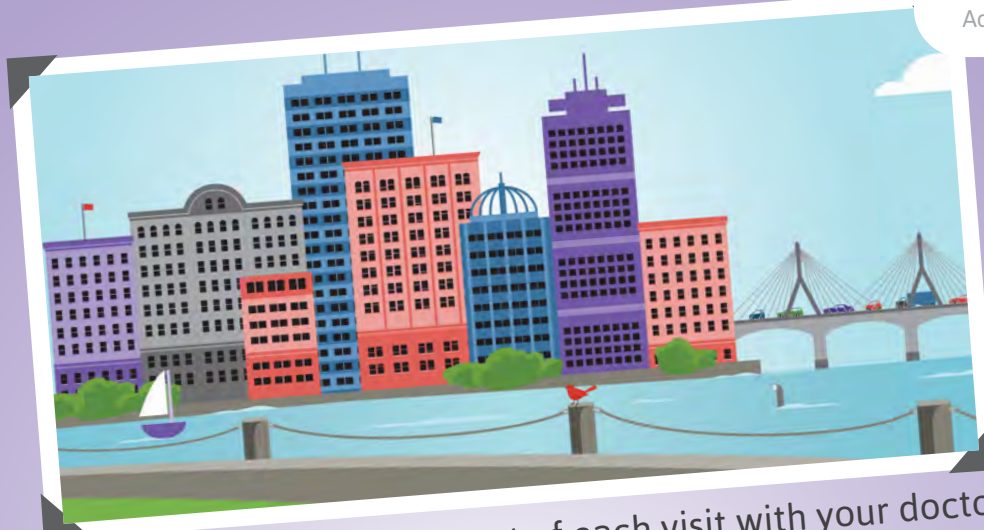
Park



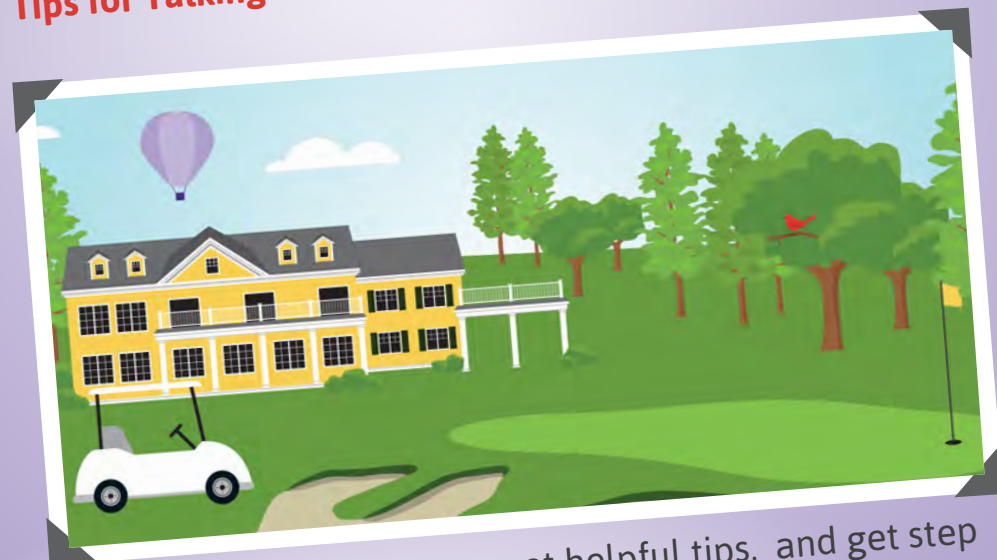
I am



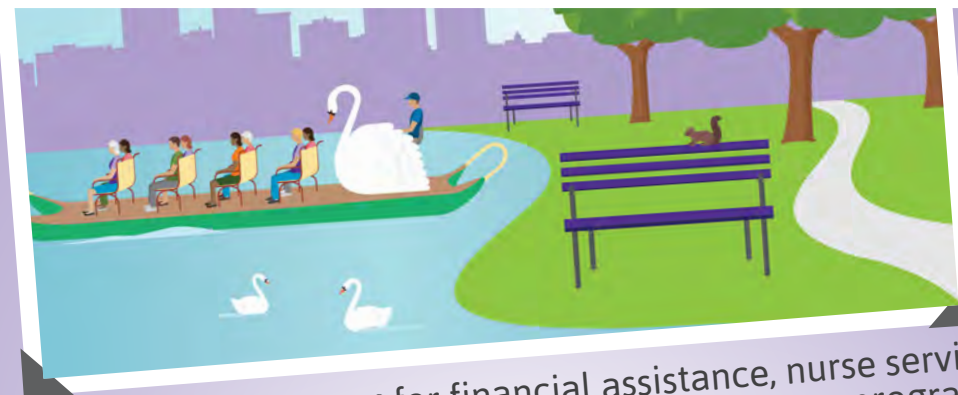
Summary



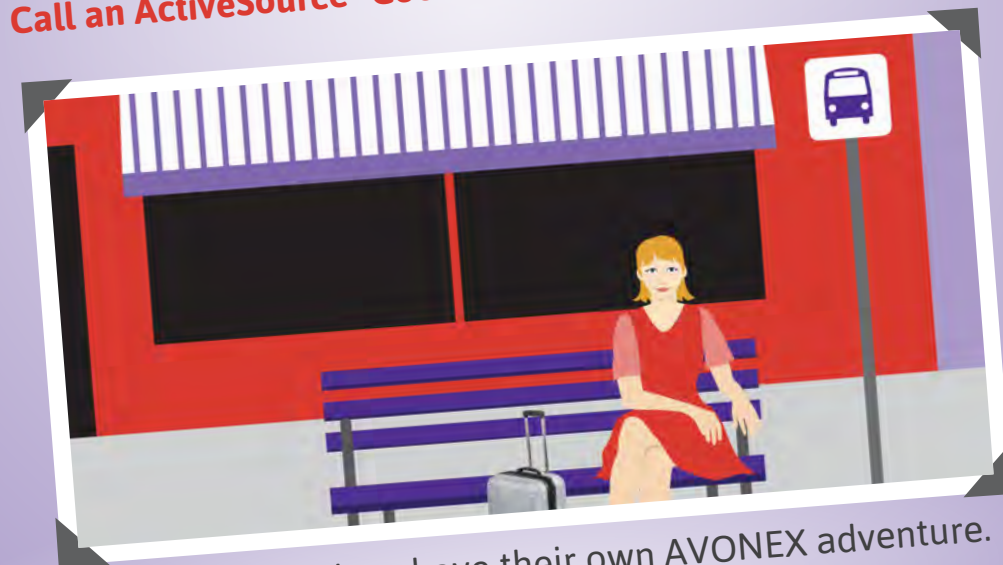
Learn how to make the most of each visit with your doctor. **Tips for Talking with Your Doctor** +



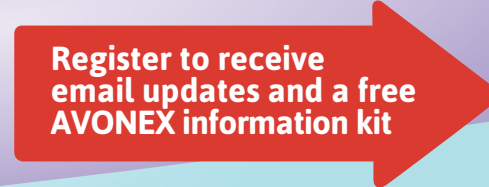
Hear from people like you, get helpful tips, and get step by step video training. **Visit the AVONEX Video Library** +



Join MS ActiveSource® for financial assistance, nurse services, treatment and wellness support, and peer mentor program. **Call an ActiveSource™ Coordinator at 1-800-456-2255** +



Invite your friends to have their own AVONEX adventure. **Send Them an Email** +



Register to receive email updates and a free AVONEX information kit

### Indication

AVONEX® (interferon beta-1a) is approved by FDA to treat relapsing forms of multiple sclerosis (MS) to decrease the number of flare-ups and slow the occurrence of some of the physical disability that is common in people with MS. AVONEX is approved for use in people who have experienced a first attack and have lesions consistent with MS on their MRI.

### Important Safety Information